wisdom 2020/c

1

archae-heart

you ever feel like you started kicking a small can of pain down the road months (or even years) ago trying to avoid dealing with it and each time you kicked it a little farther down the path into the future the pain snowballed and the can got more full but you just kept saying "not now, later. I'll feel this later" and I know there are way too many metaphors here but my point is eventually you're gonna hit a dead end with the kicking and the can and then you're gonna be absolutely forced to swallow this pain that has now grown into something truly monstrous. be brave from the get go. feel the pain when it's small.



redrobsters Follow

i mean this in the nicest way possible you guys but you NEED to take better care of yourselves online, getting severely anxious about mass quantities of horrible things you cant change every single day is normal considering the internet's ability to educate on worldwide issues, it shows that you have empathy and that you truly do care, but relentless knowledge of constant suffering on this scale is NOT something humans are psychologically equipped to handle, it's okay to shut off, it's okay to just take a break and enjoy yourself for a while in your own localized space



a-method-in-it

You are still running the same programming our species developed to live in nomadic social groups of no more than 100. Stop thinking that you are capable of processing the level of input generated by a country of 300 million, let alone a world of 7+ billion. Your system is not designed for it. There is a reason it keeps crashing.

"Two Beers and a Puppy": A Helpful Test for Determining How You Feel About Someone

oped while working on an *Esquire* story on the American "son of a bitch." The test is: In order to find out how you actually feel about someone, ask yourself, "Would I have two beers with this person?" And: "Would I allow this person to look after my puppy over a weekend?"

Some people are no and no. These people are to be avoided at all costs. Some people are yes and no. These people are to be cautiously trusted. Some people are no and yes. These people are no fun but they make the world a better place—for puppies, especially. And some people are yes and yes. These people are wonderful people and your life and work are better for having them in your life. Seek them out. Collaborate with them. Enjoy their company.

219

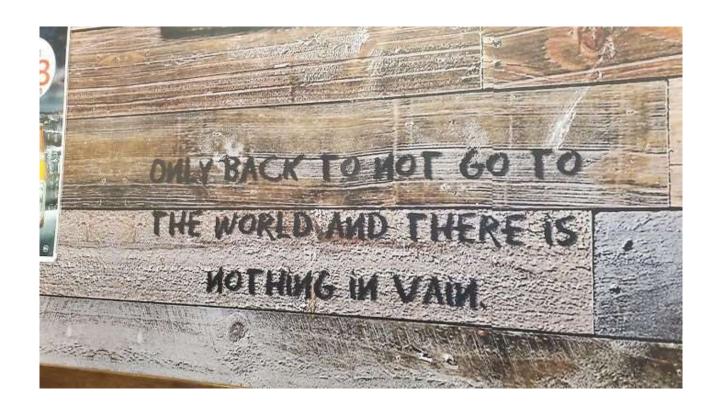


I need to get my life together but I'm kind of waiting to see if the world is going to end before I put any real effort in.

IN A FEW WORDS



National Geographic 2020-09-23



AUTUMN HAS ARRIVED.

We regret to report that the sun has crossed the equator, going south. We did all we could about it, but uselessly.





I have one brain cell and it bounces around in my skull like a windows screen saver

28/11/18, 1:22 AM



Je pense que tous les gens de lettres sont comme moi, que jamais ils ne relisent leurs œuvres lorsqu'elles ont paru. Rien n'est, en effet, plus désenchantant, plus pénible, que de regarder, après des années, ses phrases. Elles se sont en quelque sorte décantées et déposent au fond du livre; et, la plupart du temps, les volumes ne sont pas ainsi que les vins qui s'améliorent en vieillissant; une fois dépouillés par Tâge, les chapitres s'éventent et leur bouquet s'étiole.

J'ai eu cette impression pour certains flacons rangés dans le casier à A Rebours alors que j'ai dû les déboucher. Et, assez mélancoliquement, je tâche de me rappeler, en feuilletant ces pages, la condition d'âme que je pouvais bien avoir au moment où je les écrivis.

-- JK Huysmans

"Things don't have purposes, as if the universe were a machine, where every part has a useful function. What's the function of a galaxy? I don't know if our life has a purpose and I don't see that it matters. What does matter is that we're a part. Like a thread in a cloth or a grass-blade in a field. It is and we are. What we do is like wind blowing on the grass. [...] We're in the world, not against it. [...] The world is, no matter how we think it ought to be. You have to be with it. You have to let it be."

- Ursula Le Guin, The Lathe of Heaven

One half the world can't spell and the other half can't punctuate.

Call your spirit back. It may be caught in corners and creases of shame, judgment, and human abuse. You must call in a way that your spirit will want to return. Speak to it as you would to a beloved child. Welcome your spirit back from its wandering. It may return in pieces, in tatters. Gather them together. They will be happy to be found after being lost for so long. Your spirit will need to sleep awhile after it is bathed and given clean clothes.



mossy-suggestions Follow

may your soul be overgrown with moss, may your veins fill with rainwater and your lungs swell with flowers.



marmalade-cabin

is this a curse or blessing?? either way lay it on me boys



#100

There are little bugs that live on your face and eat the dead skin off of it.

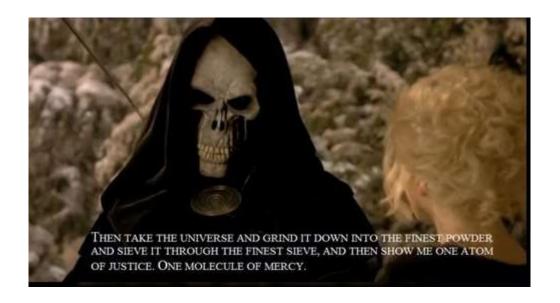
bbc





Add a comment...





Let me speak for the meek and say that we don't want the earth, if that's where all the bodies are buried.

-- Patricia Lockwood



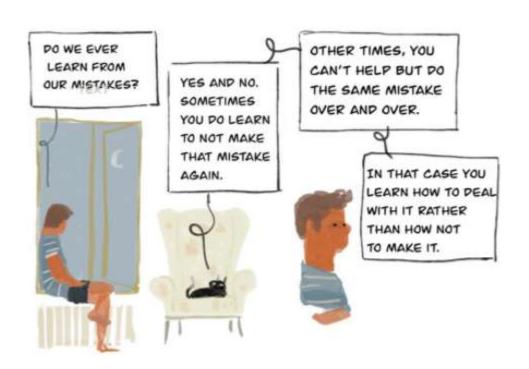
i was talking to a new therapist today and giving her my personal history and at one point she just whispered "wow that's terrible" and i had to be like sweetie we're only at 2015 right now we have 5 more years to cover and spoiler alert it gets worse



keep buzzing along! You're doing great!

this-is-psychosis

Therapists aren't people who you "pay to pretend to care about you", therapists are people you pay to teach you how to care for yourself



I, too, remember that feeling. You are caught between all that was and all that must be. You feel lost.

 Haruki Murakami, Hard-Boiled Wonderland And The End Of The World.

...the suicidal thoughts, the thoughts of harm, the thoughts of hating yourself, they're still there. suicides actually increase when medicated. why? because suddenly you have the energy to fulfill thoughts of harming yourself. which is why you NEED therapy alongside pills.

-- kcsplace

self-sabotage is also

- · not asking for help
- · rejecting praise
- isolating yourself when hurt
- · saying "yes" to everything
- · putting your needs on hold
- procrastinating on important tasks
- watching too much news
- · trying to be perfect

6:58 AM · 9/3/20 · Twitter for iPhone

We'd better not communicate with Mars, say we, until we're a little more presentable.

I will plant my hands in the garden I will grow I know I know I know

Forough Farrokhzad — Another Birth



Kids who grew up "academically gifted" are now anxious adults who have thousands of abandoned hobbies and spiral into self hate whenever they make basic mistakes, or they are lawyers

(or they are both)

There is no in between



no YOU live in a society. i live in my meticulously crafted daydream universe that i've been using as a coping mechanism since childhood i don't know what straight man needs to hear this, but not every woman is replaceable. some are once-in-a-lifetime. if you find a girl who has a genuine heart, treats you good, makes you one of her priorities, connects with you on a deeper level, and does things for you and your family, all without being asked to, you need to understand that you are in the midst of an absolute gem. she really cares for you. everything she does is done out of pure kindness, consideration, and love. anything that you do to hurt her will ultimately only make her stronger and less tolerant of shitty behavior. if you ever fuck up badly enough that she leaves, because you think she can be replaced, know that you are the one losing. not her. if she doesn't choose to stay single, she's going to find someone who reciprocates the effort she gives and appreciates every bit of it, every bit of her. meanwhile, you will spend the rest of your life trying to find pieces of her in every other woman you meet, hoping they might do you half as good as she once did when you were taking her for granted.

-- sunflorally

"Let us read, and let us dance; these two amusements will never do any harm to the world."

Voltaire

theunitofcaring

A lot of the advice I got about learning to enforce my boundaries was framed as an *adversarial* thing. Like, 'yes, it might upset and disappoint the people around you, but you have to learn to tell them 'no' anyway.' At best, 'good people will still like you if you enforce your boundaries'. What I wish I'd been told is that good people will think it's *awesome* that you enforce your boundaries, that there are people who will respect the *hell* out of you for it, that there are people who will admire you not *despite* you telling them no, but *because* of it. That most people *don't want to make you do something you don't enjoy*, and so they'll actively be happier and more relaxed around you if they know they can trust you to decline to do things you don't enjoy and to ask them to stop things that bother you.

It helped me a lot, personally, to stop thinking of 'enforcing my boundaries' as something I did for me and more as something I did to empower the people I was close with, to build a situation where they and I felt sure everything that was going on was something we all wanted.

Most advice isn't good for everyone and this advice seems maybe bad for people in abusive situations, because sometimes you do need to learn to enforce boundaries against people who will try to violate them. But if there are other brains like me out there: your partner will be really happy you can say no to them. your friend will be really happy you change the subject when you hate it. your roommate will really appreciate that you tell them to turn down the music. most people will feel safer and more comfortable around you if they know you'll reliably express your needs, AND they'll feel better about voicing theirs.





Cthonic deities, being underworld deities, can have libations poured into the ground. Cats enjoy knocking things over, including liquids. Therefore, cats are attempting to pay respects to the Ancient Ones but as they do not have opposable thumbs it is more difficult for them to do so.

-- rookjump



Sure, I made mistakes when I was younger. But now that I'm older I've learned how to make different, often far more serious mistakes.



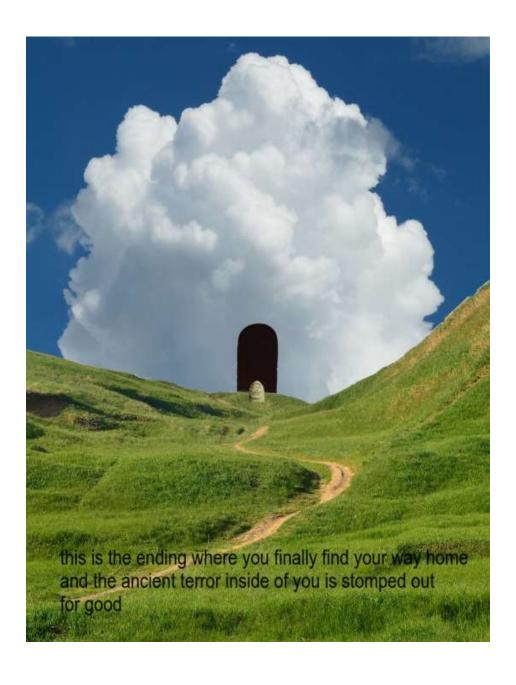
Trauma survivors often need as much information about a current situation as possible. This may seem intense to others, but we've lived with so much uncertainty around areas that were out of our control, that having facts about areas we can control helps us feel safe.

"There is love in holding and there is love in letting go."

- Elizabeth Berg







Life is like a helicopter

I don't know how to operate a helicopter



My mom didn't raise a quitter, she raises someone afraid of failure so much they don't even start something

Oh man i think i just ran out of pain

Paint*

i still have plenty of pain







Basically the word "adult" or "grown up" was used to condescend to us and exclude us. And what made a person an adult was treated as inherent.

Then we got older and tripped into what actually doing adulthood meant and came to find that

- 1. The people who were supposed to explain to us how this worked had completely failed to do so
- 2. They had done so in such a way that was meant to protect their authority while also (possibly inadvertently) barring us from the experiences and skills that would've helped us transition into adulthood better.
- 3. There is no inherent authority that comes with adulthood. The adults around us were talking out of their ass. Adult is a verb, not a noun. It's not an inherent source of authority, it's a thing you work at daily and you have to maintain it.

-- timemachineyeah

Facts Not Worth Knowing.

NEVER throw away the vacant holes in a Swiss cheese. They can be saved and utilized as the framework for another cheese.

17 You Retweeted



Sorry if I'm not your cup of tea. I'm not even my own cup of tea. I'm barely a cup and I don't like tea. I'm more like a rusty bucket of haunted bog water. Sorry if I'm not your rusty bucket of haunted bog water.

3:51 PM · 10/9/19 · Twitter for iPhone

1,510 Retweets 5,377 Likes

I don't think suicidal people get enough credit for not acting on their suicidal thoughts.

This is for all of you who have survived the urge to end your life, either coming out the other side or still fighting to stay alive.

I noticed how when someone has a physical illness such as cancer, and they come out the other side or even remission, they are able to celebrate surviving. I think all of the survivors of being suicidal should too.

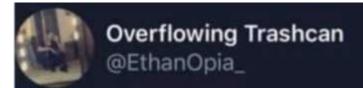
Congratulations, and keep on fighting.



hater-of-terfs Follow

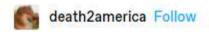
I'm a radical inclusionist. I don't think I have any right to tell anyone else what queerness is or how they're allowed to experiment with their own identity. "Infiltrators" are a completely negligible problem, respectability politics is bullshit, and any downside of just trusting people with their own experiences is enormously outweighed by the problems caused by gatekeeping

Just mind your own business, I promise it's okay



Okay guys, we cant ALL be depressed at once. We have to take turns.





"don't speak ill of the dead" don't be a piece of shit before you die.



factumnihil Follow

"the trauma made you kind" fuck that. no. i am kind because i cannot allow anyone to go through what i did. i am soft because i chose to be.



Speculiar-persephone Follow

Trauma made me scared, angry, and vulnerable.

l made myself kind.



thoodleoo

i desperately need a retelling of the odyssey where odysseus never comes home and, instead of odysseus stringing the bow at the end, penelope is the one who strings the bow and shoots an arrow through the axe handles, and she rules alone as queen of ithaka



fucking-meatball Follow

"Why are you in Hell?"

"I called the cops on Jesus."



A WOMAN'S attempts to 'live in the moment' have been disrupted by the arrival of other moments.



I befriended a crow today and i don't need any of you anymore. I can't wait to live in the woods. I can't wait to have antlers and only speak in clicks and whistles and watch you all die in your cities



have you ever noticed you pick up little habits and phrases from the people you love? it's no wonder our hearts are so easily broken when people leave, we become a reflection of the people that we care about and those personality traits stick with us even if the people don't



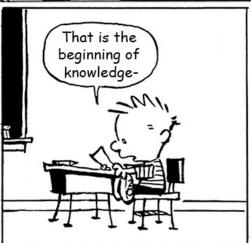
Since it's impossible to know which period of my life is the middle, I've decided to have an ongoing crisis.



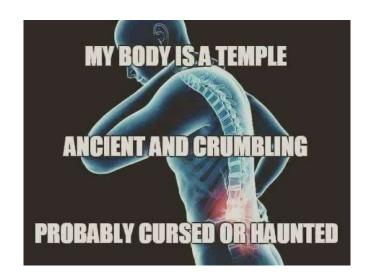














I am not your dream girl I am the sudden shouting of crows when you enter a part of the forest you should not have





When you start to drift off but then your brain reminds you of something stupid you said 9 years ago.





4,068

8,275

🗷 🕮 🛍 🗒 🏙 📾 🖀 🕿 🏂











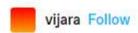




These news programs think they're slick all the time writing the number out long form rather than like 22.2 billion to make it seem like this impossible inconceivable number at first glance but then you realize we spend 22 billion every couple weeks on things that kill people.

Source: whitepeopletwitter





look: the right people will get it. the right people will see you and appreciate you for the person that you are. the right people won't require you to dilute, censor, or edit yourself in order to be worthy of their time and affection. you don't need to waste your time on people who are committed to misunderstanding you

...I may make a list, beginning with both my parents and of course Antonia among the rest



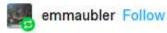
ultraviolentangel-deactivated20

Just because you did something wrong in the past doesn't mean you can't advocate against it now. It doesn't make you a hypocrite. You just grew. Don't let people use your past to invalidate your current mindset.



ravenobviously Follow

Bruh. This needs to be a mandatory post on everybody's blog. Y'all really be pullin out decade old receipts like woah.



Either you want people to grow and change or you want people to stay evil villains soyou can feel superior as you shame them.

No title

There are things I forget I remember--like the favorite colors of childhood friends and the street my cousins lived on and the strawberries in their sugar bowl and the strange color of his eyelashes and the love letter that lived under my bed for months and the song I listened to on my back in the dark at fifteen and the kid's story I loved so much that I stole it from the library because I couldn't bear to part with it but then lost somewhere along the road of adolescence.

Then something happens that shifts the memories out of place, back to the forefront. And I will forget them again, sooner than I think. That's how it works; I live in a moment, and the moment is beautiful. The moment is lit up in my head like the golden hour. And I think "I never want to forget this. I will never forget this." And I close my eyes and imagine planting it into my skin. I think "With enough effort, I can turn this into permanence."

I forget, too, that permanence is an old wive's tale.

Eventually, sooner than I hope, quicker than I realize, the moment will fall in place behind so many others. I will forget it until the sun sets a certain way, or I smell freshly mown grass, or I hear the echo of a long-loved song. Then it comes rushing like a fever. Memory is the sixth sense.

I've been in a fight and won. Even then it hurts like hell. No one 'wins' in a fight, they just get injured the least.



How to Have A Perfect Evening









birdandmoon.com





Your day at a glance Your body is scared.

thought this said "your body is sacred" at first but it didn't .

Me: *Types 'Why are you' instead of 'How are you'

Philosophers:





"To love a person is to see all of their magic, and to remind them of it when they have forgotten."

- Unknown

"Do it or don't do it — you will regret both."

Søren Kierkegaard, Either/Or

its okay to feel sad after making the right decision

Source: thetruefeelings

First day off science class: "Many of the topics I will be teaching you this year will likely be proven false throughout your life"

I once asked my teacher something about the subject. And she said, "I don't know, but I'll do some research and get back to you tomorrow."

Me, an intellectual, judging people for making the same mistake I recently learned to stop making







I'm at the place in my life where running errands counts as "going out."

"In the end, everyone is aware of this: nobody keeps any of what he has, and life is only a borrowing of bones."

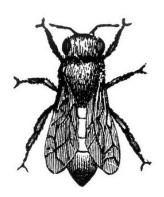
- Pablo Neruda, from "October Fullness"



Don't have children if you cannot accept that they will grow into a whole person with their own thoughts, ideologies, sexual preferences, beliefs, and values. No child should be forced and conditioned into a mini you or to fulfill your lost dreams.

...or suffer the same pain in order to normalise it for your own sake.

SI SAPIS, SIS APIS



Houses always become as scrapbooks in the end.

I say I won't put up so much stuff
and then postcards start going up
and song lyrics
and things people have said to me
and the whole house just becomes like a giant notebook in a way.

-- Florence Welch





When Teresa of Avila was asked what she did in prayer, she replied, 'I just allow myself to be loved.'

"God may judge you but his sins outnumber your own."
--cyberiamix

yellbug

not to leave a serious comment on a silly post but one of the best pieces of advice I ever got about stress was to SLEEP but secondly, when overwhelmed, lay in a bed and intentionally hold all your muscles clenched. clench EVERYTHING. hold it for a few seconds, then let go. It tricks your animal fight-or-flight monkey brain into thinking it had, and won, a fight, and some of the stress response will leave you

(grazie l'avevo già scoperto da me)



Please hesitate to reach out to me.

Clytemnestra: Quickly- someone give me my man-slaying ax!

everyone: why are you so negative me:







What to do if Your Brain Makes You Start Thinking About Stuff You Don't Want to Think About



STEP ONE: Remember, the brain is roughly 73% water and 27% lies.

STEP TWO: You're gonna sweat a bunch of water and lies?

STEP THREE: Of course not.

STEP FOUR: Tell your brain that if it knows what's good for it, it better hurry up and either think of something great, or go to sleep.



When you have an argument with your best friend





There will come a time when you believe everything is finished.

That will be the beginning.

... of the end? *or* of worse times, e.g. if you thought you were finally dead?

a odysseyeight

It's fine to identify closely with an already existing cryptid but remember that you are your own individual creature of the night. You are a unique otherworldly being and it is perfectly wonderful to develop your own cryptic nature. Get out there and grow those antlers or speak that mud and rock language. Be the cryptid you wish to see in the woods, you beautiful abomination.



O! to encounter the world

with the eyes of a frog

Just the pond

and the dragonfly

And no word

for death



Drink water. Eat vegetables. Be nice to animals. Exercise regularly. Explore nature. Find a small door under a tree. Open it. Take a look inside. Get pepper sprayed by a tiny elf. Learn a valuable lesson about knocking first.

"God not only plays dice with the universe, but he cheats."

Stephen Hawking

jobs





Replying to @JeremyCom

I tell computers to do things. Sometimes they listen.

3:42 AM · Oct 18, 2020





Replying to @JeremyCom

I bust through your front door and spray all your things down with water. You usually thank me afterward.





Replying to @JeremyCom

I take bones that are arranged in a way that I find not pleasing and then I line them up in a way that I like. Then I screw in some metal.

... and forget to stitch it close



Replying to @JeremyCom

I get paid to be someone else





Replying to @JeremyCom

I try to convince people not to catch deadly diseases, which for some reason takes a LOT of convincing.



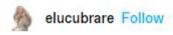
Replying to @JeremyCom I dig for dead people.



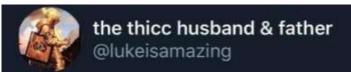
Replying to @JeremyCom

I constantly try to rearrange the 26 letters of the alphabet in new and exciting ways





important: there is a metal band called Horresco Referens



pronouncing 'popsicles' like an ancient Greek name

Just a polite tall Dutch guy at a concert





this can't be the same brain i was using to read 750 page novels in 3 days during middle school 'King Agamemnon of Mycenae, God called, God raised, God recognised, You are a piece of shit,' Diomed said.

Silence again.



"I am no longer young; and my heart, through many years of mourning the dead, is not attuned to mirth."

-- Dracula





best advice from my dad: "you believed in Santa for 8 years, you can believe in yourself for 10 seconds"

This I want to believe implicitly: Man was born for love and revolution.

osamu dazai, the setting sun, tr. donald keene



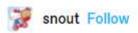
exigencelost Follow

I'm getting really tired of the wise serene pacifist trope in fiction. Every committed pacifist, prison abolitionist, antiwar activist, etc I've ever met in real life has been vibrating with compressed rage at all times. Do you know what it's like to believe deeply in your heart that doing harm to others is wrong and the goal of society should be to alleviate suffering for all people and live in the United States of America? IT'S NOT FUN. Show Us The Pissed-Off Pacifists.



acigencelost Follow

Dude there might be a word for the emotion that is forged when someone's deep abiding love and compassion for all people and living things welds itself into decades of built-up foaming fury at how those people been treated their whole life by those in power to create a sort of alloyed super-commitment to a set of ethical principles but i promise you "tranquility" is not that fucking word



being a macroorganism is so stressful. I want to know what my cells are doing. I don't like how unsupervised they are



It is well known among the Akan, who live in Ghana, the Ivory Coast, and Togo, that one should avoid the forest on Thursdays.

how do i uninstall anxiety



tenderwiki

a lot of children - especially mentally ill children - end up traumatized not because someone was specifically hurting them but because their needs weren't being met, or because their problems weren't being seen, or because they were rendered particularly vulnerable by other aspects of their identity, like queerness or race.

and it can be hard to look at your childhood and go "I was hurt" and also know that the hurt wasn't deliberate. it's uniquely painful to not have someone to blame.

you do not have to excuse the people who hurt you, even if it was unintentional. & acknowledging your own pain does not necessarily entail blaming them for it.

you are allowed to do what you need to do in order to recover.

lemonsharks

Also:

"they did the best they could/with what they had" and "it wasn't (good) enough" are two things that can and must be true at the same time

punkinspice

This is a very real and legit type of trauma called Trauma B, which in short means that you weren't given the things that you needed to survive and thrive, and I believe that it's the culprit for way to many things and we need to understand and talk about it more.

(Trauma A is the type where something happens to you)

And,
she had this weird
habit of being herself
all the time;
that's why,
not everyone liked her.

- Unknown



Twelve more words to pronounce as though they were the names of Greek heroes:

- Articles
- Barnacles
- Bicycles
- Chronicles
- Icicles
- Monocles
- Obstacles
- Particles
- Spectacles
- Tentacles
- Vehicles
- Ventricles







Throwback to that time I composed a magnet poem about werewolves and it was the deepest shit I ever wrote.



6:27 pm - 31 Jul 2018



yarky Follow

manga lied to me. i never see bad boy types protecting stray kittens therefore revealing to me their soft side

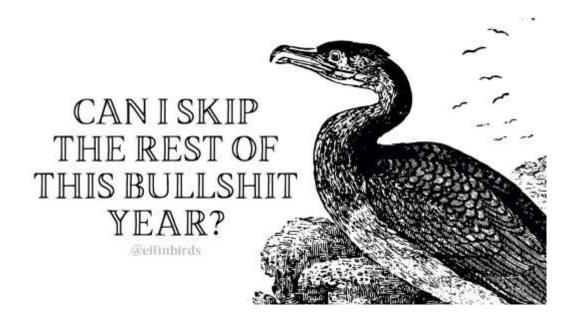
its always me picking up the cats



yarky Follow

maybe im the bad boy

 Geography departments continue to insist that Britain is in Europe, erasing its true geographical position on the glorious continental shelf of Great-Britannia.



The most tragic form of loss [...] is the loss of the capacity to imagine that things could be different.

Ernst Bloch, from The Principle of Hope (1954), (The MIT Press, 1986)



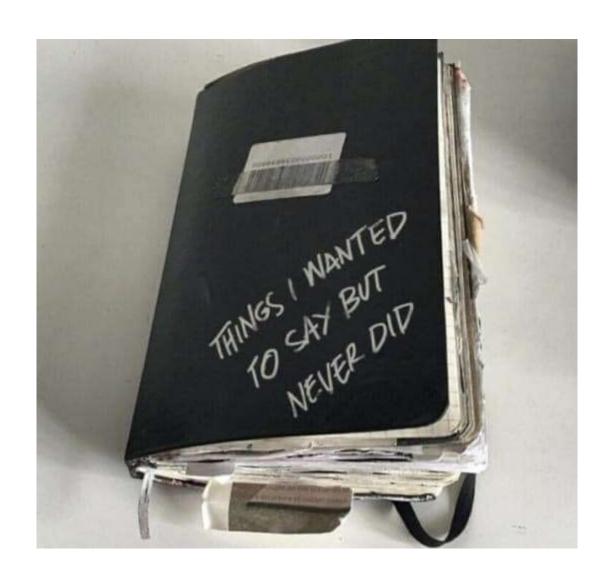
schmergo Follow

When I walk into the mall and see Christmas decorations up the day after Halloween, I feel the same way Hamlet did when his mom married his annoying uncle so shortly after his father's death.



english-history-trip Follow

Thrift, thrift, Horatio! the Halloween Mars Bars/Did coldly furnish forth the Christmas stockings













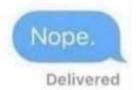


Sometimes you just have to pick yourself up and carry on









Understandable.



sockablock Follow

I'm talkin' necromancer, but in a hands-on kind of way. I'm talkin' rubber boots thick with freshly-turned mud. I'm talking palms all calloused from the effort of it all. I'm talking biceps. I'm talkin ruddy cheeks and a tan. I'm talkin shoving spell components into ratty overalls and scribblin' incantations in the old almanac. I'm talkin bringing back Patches 'cause the mice got in the grain and no one else was quite as good at chasin pests away. I'm talkin asking the old donkey if she wouldn't mind another spin, only the mare's just exhausted what havin just had twins. I'm talking grandpa said, before he went, that he felt he wasn't done, and he's really gonna miss the golden wheat under sun. And who am I, in the end, to deny a dyin' wish?

I'm talkin bringing a yellowed lantern into a field of moonlight and puttin up a scarecrow you'd swear just waved back.







theconcealedweapon Follow

If you really care about preventing government tyranny, your #1 priority must be making sure criminals have rights.

And that's not a joke or an exaggeration.

If criminals don't have rights, then all the government has to do is find some excuse to label people as criminals, and those people will no longer have rights. It's what literally every tyrannical government in all of history has done.

If you believe that people who break the law should forfeit their rights, you're literally as pro-tyranny as a person can get.

Taurus: The problem with having no plan is that you never know when you're done.

In a world as wrong as this one, all we can do is make things as right as we can.

~Barbara Kingsolver



zevveli Follow

I still think that my favorite urban legend/folklore fact is that there are certain areas in New Orleans where you cannot get a taxi late at night not because it isn't safe, but because taxi companies have had recurring problems of picking up ghosts in those areas who are not aware that they are dead and disappearing from the cab before reaching the destination and therefore stiffing the driver on the fare causing a loss for the company.



elsajeni Follow

An occupational hazard of cab driving I had not previously considered



Bae: how do you have so many

internet friends?

Me: shared trauma mostly.



tikkunolamorgtfo Follow

Conservatives will be like "Why are you holding me accountable for my bigoted beliefs? Whatever happened to tolerance???"



elfwreck Follow

The response to that is <u>Tolerance Is Not a Moral Precept</u> - it is a peace treaty. It is a contract of cooperation, or at least, of noninterference.

the model of a peace treaty differs from the model of a moral precept in one simple way: the protection of a peace treaty only extends to those willing to abide by its terms. It is an agreement to live in peace, not an agreement to be peaceful no matter the conduct of others. A peace treaty is not a suicide pact.

(Bold added)

Someone who's actively trying to oppress, belittle, exclude, or harm people based on their identities is not complying with the contract, so there's no reason to extend its protection to them.

the sea speaks more honestly to those willing to drown



lesbiantiana Follow

witches in old fairytales had the right idea. living alone, unmarried, in the middle of the woods, and if a hero stumbled across their cottage they're like "maybe I'll give you a magical token to help you out. maybe I'll fuck up your entire life. depends:)"



If you feel like a messy bitch, remember a star is just a big pile of space trash that pulled itself together and will shine for billions of years. Be messy like space trash and shine like the badass bitch you are.



anarchapella Follow

My political views are so far left I've exited pursued by a bear

Tomorrow
they will dress me in ashes at dawn,
they will fill my mouth with flowers.
I will learn to sleep
in the memory of a wall,
in the breathing
of a dreaming animal.

Alejandra Pizarnik (1936 -1972), "Shadow of the Days to Come" in:
 "Alejandra Pizarnik. Selected Poems", translated by Cecilia Rossi



"One of the strongest feelings I remember from my childhood is, precisely, of being humiliated; of being knocked about by words, acts, or situations. Isn't it a fact that children are always feeling deeply humiliated in their relations with grown-ups and each other? I have a feeling children spend a good deal of their time humiliating one another. Our whole education is just one long humiliation, and it was even more so when I was a child. One of the wounds I've found hardest to bear in my adult life has been the fear of humiliation, and the sense of being humiliated. Every time I read a review, for instance — whether laudatory or not — this feeling awakes. To humiliate and be humiliated, I think, is a crucial element in our whole social structure."

Ingmar Bergman; Interviews with Ingmar Bergman by Stig
 Bjorkman



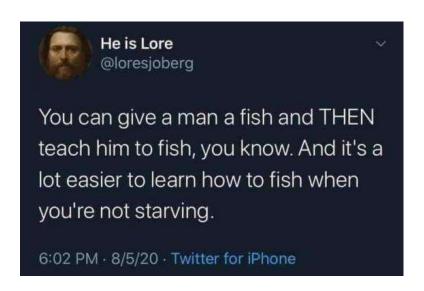
"A true friend is someone who says nice things behind your back."

— Anthony Hall

Bisogna anche ricordare che: il Lamassu mesopotamico è il Cherubino ebraico

"He has an unconditional need for solitude, to just be by himself, alone, like in his childhood, alone, as in his entire life, disturbed by no one else at all, in peace and tranquility, because this is the place where no one else sees him, where no one else hears him, because only here and now can he finally shut the door —"

László Krasznahorkai, Seiobo There Below (trans. Ottilie Muzlet)



i'll find a new place to be from

Source: anasternie

NOM NOM *NOMOI*: FOOD, IDENTITY, AND SHARED CUSTOM IN HERODOTUS' *HISTORIES*

by MOLLY B. HUTT



-

bintimombasa Follow

Daughters grow up being so unloved in homes that when they become women they just take whatever love they can get whether it's real or not

>go to Draculas castle

>he has a humidifier

>pour two liter of holy water into it

>leave



thinking about how in korean traditional theater there is a monster called 영노 (yeongno) which eats rich people and if it eats 100 of them it gets to go to heaven





mind-if-i-scream Follow

Would you rather fight 1 bear sized gull or 20 gull sized bears?



mind-if-i-scream Follow

This is the best answer I've gotten so far



((The ability to appreciate and evaluate human aesthetic is not determined by your sexuality))

William Morris: "Have nothing in your house that you do not know to be useful, or believe to be beautiful."

anneuhken-deactivated20200828 my kid has started to write stories and like, no lies, they're funny as fuck

actual dialogue:

"to your battle stations, boys! it's time to line up and see who's tall enough for the roller coaster to hell!! some of us may not survive this, but the ones that do will get the ultimate reward.... paid."

"here's a penny for your thoughts, and a quarter to not tell me them"

"everyone knows those quiet girls. the ones who never say anything at school unless a teacher makes them. the ones who you see every day but don't know what they sound like when they laugh. lindsey is not one of those girls, but the teacher wishes she was."

"lindsey was always loud, especially when she was being kind. she didn't smile at people to make them happier, she screamed all the reasons they shouldn't be sad. it was hard not to listen."

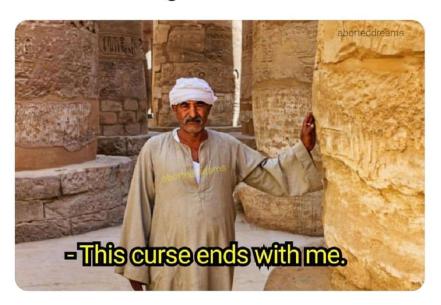
i can't wait to read this book thh

the story is part one in a series she's gonna write called "the 23 islands" and it's about a planet with 23 island like lands that have like..... nothing around them?? an unknown drop and total darkness surrounding them, and each island is like a different thing?? idk how to explain it but one island is like an ancient rainforest and one is snowy mountains and one is like still in the middle ages but another has flying cars??? and it's about a group of friends trying to find a way off their island because it's dangerous there, and hopefully to a more habitable one??? i guess they don't find it tho because each book is a different island



Research is spending 6 hours reading 35 papers, so you can write one sentence containing 2 references.

Me explaining to my parents why I'm not having kids

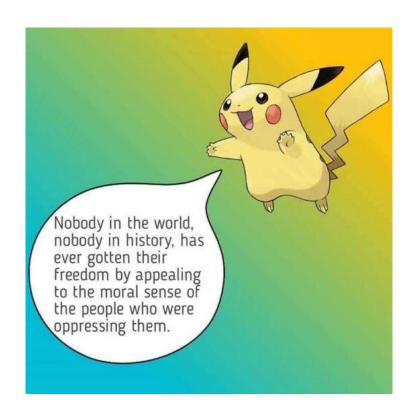




keplercryptids Follow

adulthood gets such a bad rep and like yeah, a lot of adult things do suck (thanks, capitalism). but i do worry about what constant complaints about adulthood do to depressed kids and teens who feel trapped and sort of like adulthood is the only way out of their current situation.

so let me tell you, in case you haven't heard this ever, that in my experience, being an adult is 100x better than being a kid or teenager, being able to more or less control my living space and who i spend time with, being able to prioritize my health and wellbeing, being able to be who i truly am and pursue my interests and hobbies... all of that is worth the other dumb stuff, and none of it was possible when i was a minor, honestly, I've just gotten happier and happier the older I've gotten.





...come disse Lorenz a Popper

I always liked the Pratchett take on the tree one:

One of the recurring philosophical questions is: 'Does a falling tree in the forest make a sound when there is no one to hear?' Which says something about the nature of philosophers, because there is always someone in a forest. It may only be a badger, wondering what that cracking noise was, or a squirrel a bit puzzled by all the scenery going upwards, but someone.

(a parte il fatto che le leggi della fisica non funzionano solo quando siamo lì noi)

Proof that you lived is that you kept notebooks.

--kafk-a

I don't know whether good times are coming back again.

But I know that won't matter if we don't survive these times."

— Octavia E. Butler

"How innocently life ate the days."

John Updike, from Couples (Penguin Books Ltd, 1975; first published 1968)

how lovely, the way lovers lean on each other. i've been thinking about the physics of it, the gravity of hearts. the first human instinct: to find something to lean on. we all have it, the radar for warm solid things. i am good at being lonely, but loneliness makes you heavy. what do you do when you cannot lean? you fold. i fold on myself. there is warmth here, too. a center here, too. i wish it was enough.

Source: dakotajohnsongf

"Imitate the trees. Learn to lose in order to recover, and remember that nothing stays the same for long, not even pain, psychic pain. Sit it out. Let it all pass. Let it go."

May Sarton, Journal of a Solitude

vampire who's married to an archaeologist voice: my love, stop trying to carbon date me

Source: vamprisms



Asked mom what she wanted for Christmas this year and she said "I don't want any gifts, I just want to know my kids are happy" well that's a pretty big ask, Christy. Can I just get you the vacuum and call it even

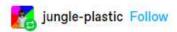






"This year I have disappeared. Or I was never there. Or I was never here."

- Jane Mead, from World of Made and Unmade



I have received a fax in an envelope. like... they took the documents, put em in an envelope, then faxed me a picture of the sealed envelope.



Idk who Marie Curie is but Maria Skłodowska-Curie won two Nobel prizes:) can english speaking countries stop simplifying names they can't pronounce and just get their shit together???? You learned supercalifragilisticexpialidocious you can learn Maria Skłodowska-Curie too.



neednothavehappenedtobetrue Follow

can we weaponize comfort already?

a lot of places have a culture that valorizes never sleeping and not eating right and not taking breaks and stuff like that.

fuck that. I want like

look at how comfortable and well rested I am. I am well-nourished, I take bubble baths, and I have a good work-life balance.

self-care has made me strong, has running yourself into the ground made you strong?

I will destroy you. and then I will have a pleasant lunch.

can we weaponize that?



ben-has-feelings Follow

This is the most metal self-care post I've seen in a while.



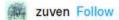
feenyxblue Follow

The world told me to hate myself; I realized the greatest act of rebellion was to love myself



you remind me of a book's broken back, pages half-sewn and a coffee ring on its face -- from Chorus, eds. Saul Williams, Dufflyn Lammers & Aja Monet





heimlich means secret?? the secret maneuver???



gittelspawn

the heimlich maneuver implies the existence of another, unheimlich maneuver, perhaps the process through which human children are stolen by the fae & replaced with uncanny changelings

We live in a society whose whole policy is to excite every nerve in the human body and keep it at the highest pitch of artificial tension, to strain every human desire to the limit and to create as many new desires and synthetic passions as possible, in order to cater to them with the products of our factories and printing presses and movie studios and all the rest.

Thomas Merton, The Seven Storey Mountain (via fawksianfella)



disabilityhealth Follow

Don't be a "respect is earned not given" kind of person

Be a "respect is given unless proven undeserved" kind of person



if you knew me before my 20s, you never actually knew me. you knew season 1 me. we were severely underfunded and the writing team was going through a lot.

"Homophobia? Who the hell is afraid of houses?!" -- that-one-artist-called-rey



Today 7:32 PM

How is everything?

dunno, i'm ignoring it

Delivered

"When we set children against one another in contests - from spelling bees to awards assemblies to science "fairs" (that are really contests), from dodge ball to honour rolls to prizes for the best painting or the most books read - we teach them to confuse excellence with winning, as if the only way to do something well is to outdo others. We encourage them to measure their own value in terms of how many people they've beaten, which is not exactly a path to mental health. We invite them to see their peers not as potential friends or collaborators but as obstacles to their own success... Finally, we lead children to regard whatever they're doing as a means to an end: The point isn't to paint or read or design a science experiment, but to win. The act of painting, reading, or designing is thereby devalued in the child's mind."

- Alfie Kohn, The Myth Of The Spoiled Child

... salvata dai cavalli.



ppl are so annoying "you can't paint ur bedroom pink you're an adult" i did not spend my entire life waiting to grow up and control my life to paint my bedroom beige

Too many people wear their burnout as a badge of honour.

-- Kathy Leeson



i am a "she" in the same way a boat belonging to an honest old fisherman is a "she"

THE SLUG

I'll eat the apple.

THE GARDENER

It's rotten.

THE SLUG

Not to me. Not if it came from your soil; not if it was tended to

by your hands.

THE GARDENER

Rot is rot, regardless of who grew it.

THE SLUG

No — certain rots are sweeter than others. Certain rots yield wines.



Anonymous 02/16/15(Mon)16:25:28 No.598678240

Making a plant illegal is like saying God was wrong

Report

>>598678572#

Anonymous 02/16/15(Mon)16:26:55 No.598678572

>>598678240#

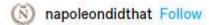
Making a plant illegal was one of the first things God ever did...

Report

"That's why high school, or a crappy job, or any other restrictive circumstance can be dangerous: They make dreams too painful to bear. To avoid longing, we hunker down, wait, and resolve to just survive. Great art becomes a reminder of the art you want to be making, and of the gigantic world outside of your small, seemingly inescapable one. We hide from great things because they inspire us, and in this state, inspiration hurts."

 One of the best articles I've ever read. Rookie Mag. By Spencer Tweedy. (via <u>wildyork</u>)

The writer was desperate. At any rate, it sounded like it when he said: "I'm going to walk round the cemetery to look for a plot."



Anonymous asked:

How did Josephine feel when Napoleon returned from exile?

napoleondidthat answered:

Not much.

She was dead.

kushandwizdom

If someone isn't available during your most crucial time, then their presence any other time is useless.

mymindsecho

This isn't realistic for adults. I'm sorry it's just not.

Don't fall into believing that, "if they're a true friend they'll drop everything and run to be by your side!" crap. As a responsible adult there will be times that your friends are hurting and you won't be able to go to them. There are times that you will have to go to work, or take your sick kid to the doctor, or do many other things that will prevent you from being there for your friend.

When your friend calls you and they're falling apart and it's ten minutes until you have to leave for work, you're not a bad friend for saying, "Look, I love you. I'm sorry this is happening, but I have to go. I'll call you back tonight when the kids are asleep." Or "I'm so sorry this is happening. I love you and I want to be here for you but I've got to get to work. I'll call and check on you during my lunch."

Adult life is hectic and busy with important things all the time and unfortunately it's also full of shitty things happening to people we love. Do your best to be there for the people you love and ask for support when you need it but be understanding when being a responsible adult comes before helping you.

neurotoxinsonline

The idea that people need to be there any time you need them is really damaging and unhealthy, too. You can't place value on a person or a relationship based solely on whether or not they're available, no questions asked, whenever you need them.

In addition to the above: sometimes, someone simply does not have the energy to help. Maybe they're coming out of a rough patch themself, maybe they have been busy all day,maybe a chronic illness is flaring up. There are a myriad of reasons someone may not be able to be there.

Obviously, if someone is taking you for granted, and never seems to care how you're doing, that's an issue. But to write someone off because their life and your life didn't line up quite right at a given point in time, or maybe even on more than one occasion, is not a healthy way to handle things.

BUT
it still applies (or should) to:
1. parents
2. lovers



Everything is a target, says the hunter. No matter where you look. The hunter's son says nothing, and closes his eyes.

Richard Siken, The Stag and the Quiver



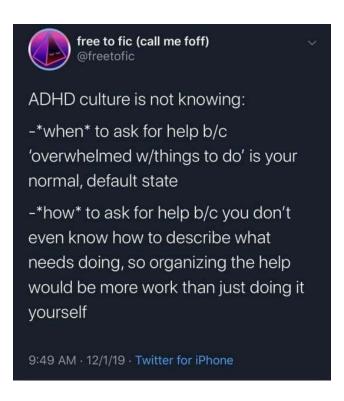
intergalactic-dorks Follow

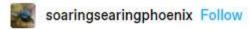
Seeing your country portrayed in hollywood movies is deeply unsettling



intergalactic-dorks Follow

Because they go "hm, what does our target audience, americans, think they know about this country?" which means that in the best case scenario its turned into a tourism brochure and in the worst case its a barren wasteland devoid of culture filled with terrorists





The worst part of human adulthood is being your own zookeeper



fallen-angel-with-a-shotgun

I went to the Renaissance faire dressed as a warrior. I had a real sword with me, too. I was standing (in character) next to a sword-fighting ring, where kids of all ages got the chance to pick up a sword and challenge the champion. Some woman walks by, with her little girl. The girl starts walking towards the ring, saying she wants to fight. But the mom pulled her away hella sharply, and was like, "That's for boys." You don't want to be a BOY, do you?" And the girl looked around and saw me. I think she thought I was a boy; I had my hair in a ponytail, and was wearing a hood. So she comes up to me and asks me, "Do you think girls can be fighters, too?" And her mom looks like she's silently gloating. Like she thinks I'm going to say no. So I take off my hood, untie my hair so that it flows freely, and kneel before her. And I'm like, "Milady, anyone can be a fighter." I swear, the look on that mother's face made my day.

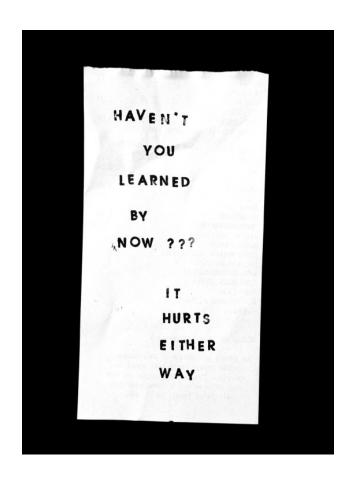


saintssebastian Follow

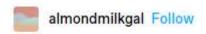
archaeologists are still trying to figure out my gender but the current theory is that it was used for ritualistic purposes

develops capacity for complex thought

spends remainder of life crushed by existential dread







everything you make is a self portrait



AND THE WORLD KEPT ON SPINNING.



tiqqun Follow

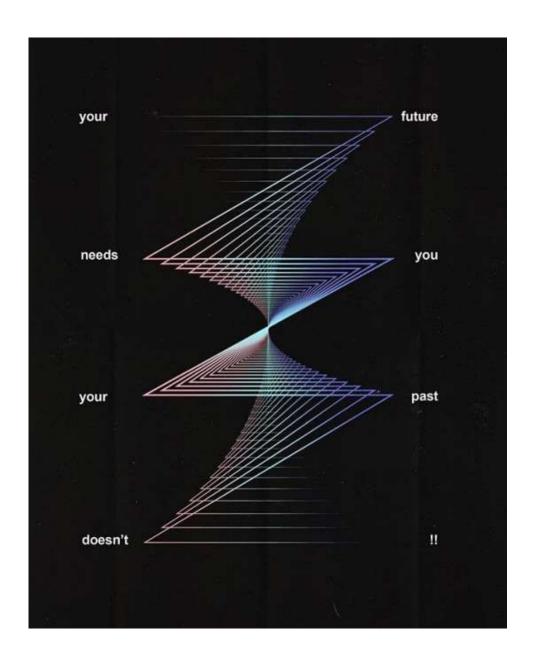
Anyways, calling shoplifting "urban foraging" is very funny, a useful euphemism, should be done more often.



sandybuny Follow

"its like dumpster diving but you take it before they throw it out"







Anonymous asked:

what do you do for a living?

genekellys answered:

I exist against my will.



I'm a:

- man
- woman
- sad person

And I'm seeking:

- men
- women
- o pictures of chonky animals

Forgive yourself for not knowing what you didn't know before you learned it.

Maya Angelou



dantecain Follow

When I complain about being a 'gifted' kid who grew into a talentless adult I don't mean that I'm not trying to work on my talents or anything

I mean that the 'gifts' I had are useless

Reading books above my age isn't a talent when I'm not eleven

Knowing big words isn't a talent when I'm not a kid, it's just growing up

It's just a weird thing that happens and it feels shitty when you're brought up being told you're an exceptional child only to realise as an adult you're just average



history-be-written Follow

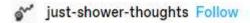
"farenheit is better than celsius bc it's based off of body temperatures while celsius is based on water"

bitch, it's based off the temperature salted ice was kept to keep british beers cold and the back-then king's body temperature what are you talking about 8. It isn't that healthy marriages aren't compelling, it's that people don't know how to write marriages correctly.



how do you tell someone "I'm not ignoring you, I'm just disconnected from reality rn and the days are all blurred together and I feel completely apathetic towards everyone/everything around me so it's really hard for me to maintain a conversation" without saying that?

Source: ashstfu



I don't understand why some Christians promote abstinence as a form of birth control when it didn't even work for Mary.

"Eat wild food. Whether its rose hips, or a cracked black walnut, or an apple from a feral tree. Get a bit of autumn's wildness within you. In the presence of wildness death becomes just another beautiful variant of living itself. Allow the wildness of autumn to teach you how to die."

- Asia Suler, One Willow Apothecary "Autumn is the Dying"



agirlnamedkeith Follow

do you ever have periods where your entire soul is like *i* cannot take on new narratives. i keep thinking there are all these shows i would totally be up for watching but i just cannot take on a whole narrative right now with new characters and new worlds and...



befitandchase Follow

FINALLY!! Someone put it into words!



...discover that rosebush cuttings are stubborn bastards that can and will propagate a heck of a lot faster than violets, even when they were cut in the exact wrong season, sat in a bin for a few days with no light or water, weren't treated with rooting hormone, had no leaves left exposed to light, and are sitting on a base of hard plastic so that the roots have to grow up instead of down.

-- kitten-kin



James Ellars @Ellars · 27 Sep.

The idea of having to "earn a living" implies that, by default, you don't actually deserve to be alive.

00

Wow Fact

@fs wow

Being able to tolerate the sound of your own voice in a video is probably the highest form of self acceptance.



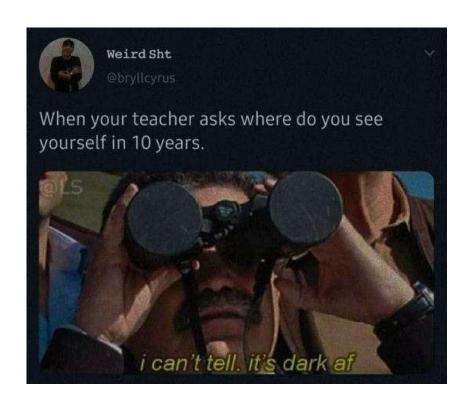
le-fils-de-lhomme Follow

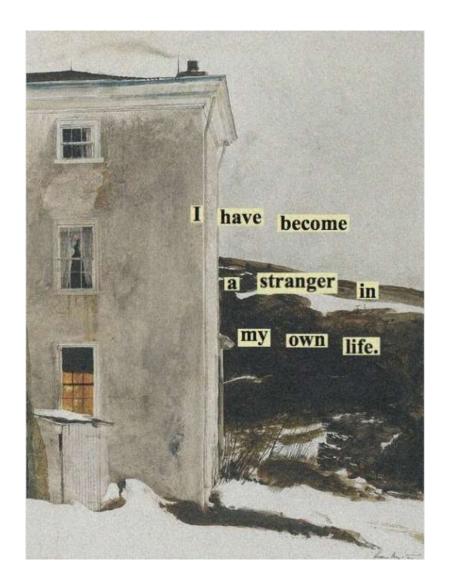
So if monksploitation was a genre what would you expect to see in it?



scorntrooper Follow

Hella arguments about how to illuminate a manuscript





i'm done... goodbye cruel world *turns into a stone* *u toss me into a lake* *i sink to the bottom* *i erode over the years* *i return to the surface* *a young girl finds me and brings me home* *i am placed on a shelf in her bedroom* *i am loved for decades*

Source: popokko



'Being Good At Things Isn't The Point Of Doing Them': Someone Tweets A Quote By Writer Kurt Vonnegut And 150k+ People Love It







deactivated-this-account-deacti

I ended up having a really interesting conversation with some people at the bus stop today. They were getting out of some sort of 'clean and sober' meeting and had starting saying how they were so bored because they didn't have anything to do, and had to stay at home because all their old friends would pull them back. So I said something like, 'So this is the time to do all the stuff your parents told you they didn't have money/time for!'

"Whatcha mean?"

"You know, like when you were five and you REALLY wanted to have that toy or do that thing and you were like, 'Please mom please I gotta have this I gotta go do this' and they went 'Hell no you think I'm paying for that do you want to goddamn EAT?' "

And this light went on in their eyes. The lady is going to go check thrift stores for an Easybake Oven and I told her about Wilton cake decorating classes. The dude is going to Griffith Park and ride horses, because, 'I always wanted to be a cowboy, and you can't drink when you're on a horse 'cause you'll fucking die!'

Fuck it. This is what being an adult is. Sure it's bills and work and relationships, but damn it, it's also time to do the things you LIKE.

I signed up for a free class/lecture on Water Gardens. I'm going. It's time.



"It's okay to live a life others don't understand."

-Jenna Woginrich

[Serious] What's your unpopular skincare opinion that would get downvoted to hell if posted in SCA?



A woman with wrinkles isn't an affront to gods and mortals and it's okay to not be particularly concerned about the process. I am almost 37 and I look like I've laughed, scowled, rolled my eyes, made funny faces at friends, and spent many, many summers backpacking, swimming, driving, exploring, learning, working, acting like an idiot, and experiencing life. I am okay with this. Whatever others wanna do is fine, but personally I am okay to ~age gracefully~ by not desperately attempting to reclaim my youth. My meatsack is biodegrading. It's the condition of the universe, shit falls apart. I'll work to maintain a good quality of life and be/look healthy in the interim, but I also embrace the goddamn void because death and wrinkles are coming for us all, no matter how much money we spend trying to delay the inevitable.



One day you'll find someone that's obsessed with you.

It's probably going to be a dog. But it is what it is.

My definition of a free society is a society where it is safe to be unpopular.

Adlai F. Stevenson



shakespork Follow

it's always "this doll is haunted and is ominously shattering the china" and never "how can I provide adequate enrichment for my haunted doll so she doesn't destroy stuff out of boredom"



aureliobooks Follow

my dad likes to call the stretches of time where you're not creating "dreaming periods" and says that they're meant to allow you to absorb all of the beauty, life, and inspiration from the things around you so that when you're able to create again, you will have fanned your spark back into a flame, sometimes its hard to see those moments as anything but stagnation, but he always says that they're natural and healthy and needed-things that should be embraced rather than feared.

(il mio neanche sapeva cosa voleva dire creare... meno male che questo sì)

get okay with being some level of burden on others, seriously



totallyfubar Follow

you know what's a real burden? a person that is so scared of leaning on other people that they try to be completely self sufficient and you end up either having to help them indirectly to save their ego or they have to break down in order to receive help, both of which are so much more heavy to the person that loves them than just being leaned on casually



thegreenpea Follow

ANIMALS LEARN THEIR MOST VITAL SKILL FIRST. https://foxes-in-love.tumblr.com/ @green_fox_blue_fox



HOURS OLD FOAL CAN RUN, A NEWLY HATCHED SNAKE CAN BITE.



WHAT DO BABIES DO?



BABIES CRY.



YOUR MOST IMPORTANT SURVIVAL SKILL IS ASKING FOR HELP.

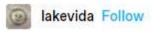
clotworthyskeffington Follow

"When I was growing up, I never thought I'd want kids. I had a tough childhood. And when you have a tough childhood, it's hard to believe that a good childhood is even an option. So I didn't want kids, because I was afraid if I did that they would feel how I felt. I didn't want anyone to feel the way I felt. And then I got pregnant when I was eighteen, so I made a promise to never let my baby feel that way. A while ago, I gave her my favourite book from my childhood to read, From the Mixed-Up Files of Mrs. Basil E. Frankweiler. It's about some kids who run away from home and go live in a museum. So one day she's reading it, and she stops for a moment. And she says, "Mom, I kinda like the book, but I kinda don't." I said, "That's all right, what don't you like about it?" She said, "I just don't understand how anyone could want to run away from home." I said, "You never thought about it?" She said, "Why would I? I have the best mom ever." So I hugged her and cried. The reason I liked the book was the reason she didn't! I'm keeping my promise, and just a little reminder: your past doesn't define you. You can do better, even if you don't know how yet."

exactly: i betrayed my daughter already before having a human one, and i never want anyone to feel so betrayed as she did -- and as i did when my parents betrayed me



The heart is fragile, but I'll stick it on my notebook and keep it carefully. -- kaixinchenart



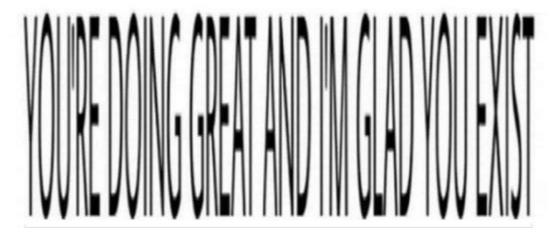
crazy how much there is



like in general

"Cowardice asks "Is it safe?", Expediency "Is it politic?", Vanity "Is it popular?" But Conscience asks "Is it right?" Sometimes one must take a position that is neither safe, politic, nor popular, but is right." —Martin Luther King, Jr.

Optical illusions are wild. Close one eye, tilt your phone back, and look at the screen from the charging hole!



Science says we need 4 hugs a day to survive, 8 for comfort & 12 for growth.

Me who hasn't been hugged since the beginning of this year:

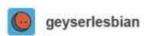


In a room the size of loneliness, my heart's the size of love.

Forugh Farrokhzad, tr. by Sholeh Wolpé, from "Reborn", Sin

"We have to create. It is the only thing louder than destruction."

Andrea Gibson (via lonequixote)

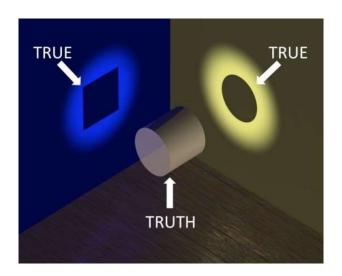


Due to personal reasons I'll be going feral



people ask what you do for a living so they can calculate the level of respect to give you.

... or your husband, or the father of your school friends





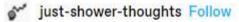
No one warned me that being an adult was mostly just hurrying up to get somewhere you don't want to go in the first place.

"Laing believed that mental illness was a sane response to an insane world and that a psychiatrist had a duty to communicate empathetically with patients. Once, when faced with a naked schizophrenic woman rocking silently to and fro in a padded cell, Laing took off his own clothes and sat next to her, rocking to the same rhythm until she spoke for the first time in months."

Source: imp



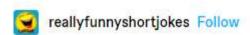




The letter "h" in ghost is actually a little ghost waving to you.



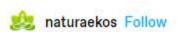
It's silent but still wants to say hi



Praying mantises don't all follow the same religion.

They're in sects.





"Don't say maybe if you want to say no."

Therapist: How do you feel today?

Me:



ITHINK

YOU SHOULD

KEEP GOING

JUST TO SEE

WHAT HAPPENS



I look out upon the world men have made—their legislatures, courts, churches, schools, art, architecture, their politics, their economics—and I don't see anything I would have done as they have done it. Not one single thing. Their system does not reflect me at all, neither my mode of being in the world nor my world view; rather, it is inimical to all I love, all I desire, all I am. Its every aspect pains me to look at, to think about; it hurts me on all levels of my life, it is not my home.

- Sonia Johnson, Wildfire

Between terror and rage, I chose rage.

Lidia Yuknavitch, from The Chronology of Water: A Memoir



You heard it here, having self-confidence and self-love is satanic!!

my prayers to the charmed spirits underground,

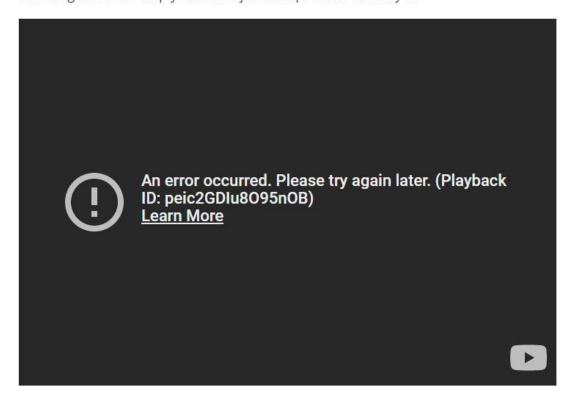
Aeschylus' The Oresteia: The Libation Bearers (tr. Richmond Lattimore)

"all my grief says the same thing:this isn't how it's supposed to be. this isn't how it's supposed to be. and the world laughs. holds my hope by the throat. says:but this is how it is"

- Fortesa Latifi (via madgirlf)



If you start to truly contemplate suicide, talk to a loved one or get support. The following video can help you realize just how precious life truly is:



And at the center of the self, grief I thought I couldn't survive.

Louise Glück, from "Aubade", Poems 1962 - 2012





Hate diet culture so much bitches will b like "don't eat processed carbs they're so bad for you" like and??? So what?? God did not give us grain and stone to grind it with for no reason. Bread is inevitable. Bread is food for the heart and the soul. U think I'm gonna give that up in pursuit of instagram fitness?? U think I'm gonna deny myself the simple pleasure of toast with jam so I can endlessly chase an ever-shifting standard of beauty that ultimately means nothing? In 20 years I will no longer be beautiful and in 60 my body will be vacant food for other, smaller creatures. But the taste of fresh bread? Of homemade donuts and still-warm pie? I will carry the taste on my tongue into whatever follows this life. So like. Stop telling me I should diet Imao. I'm not abt to martyr myself just to get a man to look at me.



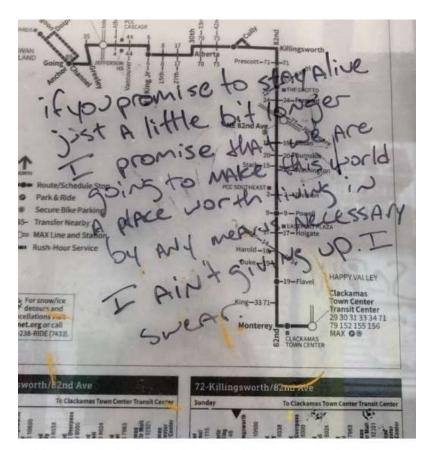
"Stop cringing — at your future, at your failure, at yourself in the mirror — and stand up and look directly at who you are. Not who you should've been, but who you are now. Let that person in. Let her be as mediocre and wrong and shameful and sad and miserable and brilliant and hilarious as she wants to be, because she knows exactly what you need to feel good. She has plans for you. She wants to show you what comes next. She wants to take you into the future you're dreading and say, "See? You never would've imagined this."

- "Ask Polly: Is Life All Downhill From Here?" by Heather Havrilesky

I don't think a lot of people understand that no matter how progressive or well-read you are, there are always going to be moments in your life where somebody pushes back against something that's so culturally ingrained you never even considered it before. And you'll say "Huh, it never occurred to me to challenge this but you're right," and that doesn't mean you were "morally toxic" before, it means you're a non-omniscient human capable of growth.

Also, some preferred terms for things will change and evolve, and terms we prefer now might eventually be considered gauche or even offensive, and that doesn't mean you were a bigot at the time for using them. It means we evolved as a society and chose new terminology to reflect that change.

Nobody is a fully formed realisation of progressivism that can predict all shifts and modes of thought. The world will always change, and hopefully you will, too



"If you promise to stay alive just a little bit longer I promise that we are going to make this world a place worth living in by any means necessary. I ain't giving up. I swear."

serialephemera Follow

Thematically speaking, the most important thing Terry Pratchett taught me was the concept of *militant decency*. The idea that you can look at the world and its flaws and its injustices and its cruelties and get deeply, intensely *angry*, and that you can turn that into energy for doing the right thing and making the world a better place. He taught me that the anger itself is not the part I should be fighting. Nobody in my life ever said that before.

this drain is as helpful as that one person who says "don't be sad" when ur depressed



names i intend to give my children when i revive puritan naming conventions but instead of the bible i use the universal declaration of human rights:

Inherent-Dignity
Freedom-From-Fear
Promote-Respect
Endowed-With-Reason
None-Held-In-Slavery
No-Arbitrary-Arrest
Presumed-Innocent
Genuine-Elections
Equal-Pay-Equal-Work
Right-To-Rest
Education-Shall-Be-Free

Source: confusionofconfusions





would b nice to have a happiness that didnt turn out to be a horrible lesson in the end u know what i mean

Source: lvd2

Thetis & Achilles



thetis just sticks him in one of these bad boys

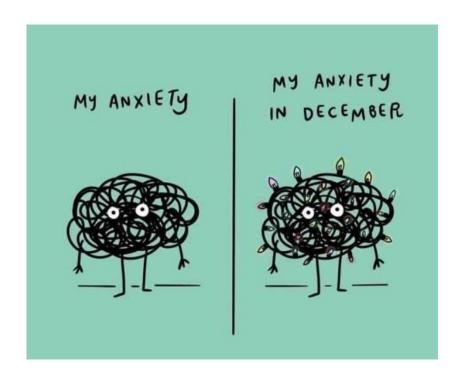


and swirls him around like a batch of chicken nuggets until he's invulnerable all over.

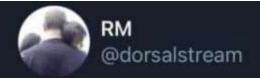


biggest-gaudiest-patronuses Follow

u like hurt/comfort bc it allows you to examine ur trauma w/ the promise that someday someone will acknowledge what you've been through, and will love and value and respect you all the more for the resilience you never should have had to show, but did







Your skeleton is just a gift that time slowly unwraps.

No longer using my third eye. I've seen enough

Source: notjaj

"There isn't going to be a turning point...There isn't going to be any next-month-it'll-be-better, next fucking year, next fucking life. You don't have any time to wait for. You just got to look around you and say: So this is it. This is really all there is to it... Everybody just needing such little things and they can't get them. Everybody needing just a little...confidence from somebody else... Everybody, you know, like reaching out tentatively but drawing back...it seems like such a shame. It's so close to being, like, really right and good and open."

-Janis Joplin

Anonymous asked:



How do you make people fall in love with you

frejann answered:

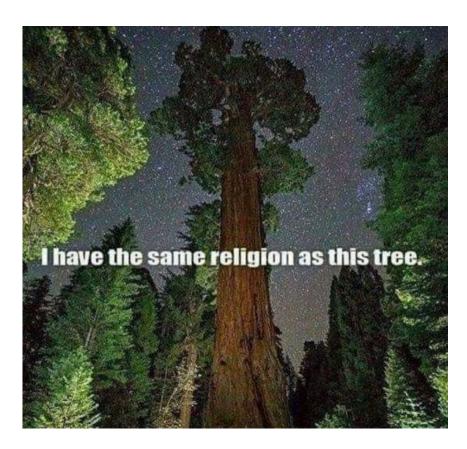


challenge them to a duel



gracchisuggestions Follow

Random recollection of the day: the kids' book in the form of a spoof newspaper about Ancient Greece, and the article where the people of Gordium complained about Alexander swanning in and bisecting their prime tourist attraction.



When I saw my great-grandmother peel a tangerine with her bare hands

while men used knives for oranges, she became God. I imagined what she could do with the sun.

JP Infante, Yasica, Puerto Plata. [x]





Sorry if I'm not your cup of tea. I'm not even my own cup of tea. I'm barely a cup and I don't like tea. I'm more like a rusty bucket of haunted bog water. Sorry if I'm not your rusty bucket of haunted bog water.

3:51 PM · 10/9/19 · Twitter for iPhone

1,510 Retweets 5,377 Likes

Betrayed are the living, betrayed the dead: All are confused by a horse's head.

(...)

Sinner and saint, sinner and saint: A horse's head in the frost.

(...)

When Mari Lwyd knocks on the door, In charity answer that knock.

 (\ldots)

And our Mari is white in her starry reins
Starved through flesh and skin.
It is a skull we carry
In the ribbons of a bride.

(...)

'None can look out and bear that sight,
None can bear that shock.
The Mari's shadow is too bright,
Her brilliance is too black.

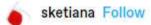
-- VERNON WATKINS, Ballad of the Mari Lwyd, 1941

"Being able to feel safe with other people is probably the single most important aspect of mental health; safe connections are fundamental to meaningful and satisfying lives. Numerous studies of disaster response around the globe have shown that social support is the most powerful protection against becoming overwhelmed by stress and trauma.

Social support is not the same as merely being in the presence of others. The critical issue is reciprocity: being truly heard and seen by the people around us, feeling that we are held in someone else's mind and heart. For our physiology to calm down, heal, and grow we need a visceral feeling of safety. "

- Bessel A. van der Kolk, The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma

...dream on



'kids these days have it easy' thats the point thats the point thats the whole point we're here to make it better for whoever comes after you sad selfish self absorbed puddle of wank



gardnerhill Follow

John Adams: "I study war and diplomacy, so that my son may study trade and commerce, so that his son may study art and music."

OF COURSE parents are inevitably envious of their kids. How do they DARE be/fare better than their elders?!

wait you like me ??

for my personality???

I know i was surprised too



I don't know who needs to hear this, but hyper-independence is the result of trauma.

"I don't need *anybody* & must do everything myself" really means, "My ability to trust has been injured by people systemically letting me down and failing me."

You do need people. We all do.

damn

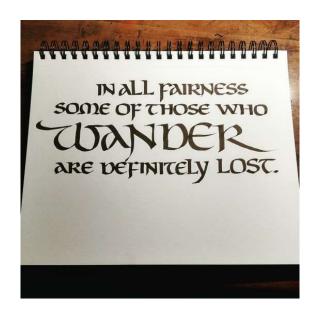




IS NO ONE EVER GONNA MENTION HOW HARD IT IS TO MAKE DIRECT EYE CONTACT? DO U STARE IN THE LEFT EYE OR THE RIGHT IDK

...mouth for me, thx







This is the solstice, the still point of the sun, its cusp and midnight, the year's threshold and unlocking, where the past lets go of and becomes the future; the place of caught breath...

~ Margaret Atwood

"There is no happiness like that of being loved by your fellow creatures, and feeling that your presence is an addition to their comfort."

Charlotte Brontë

Nine Types of Rest

- 1 time away
- 2 permission to not be helpful
- 3 something "unproductive"
- 4 connection to art and nature
- 5 solitude to recharge
- 6 a break from responsibility
- 7 stillness to decompress
- 8 safe space
- 9 alone time at home



elucubrare Follow

Her sisters didn't ask her, of course, what made her trust the white bear when he came to take her away. They asked and you have everything you ask for? and are the plates really gold? and white bread with every meal?

But if they'd asked, she would have said that she looked into the white bear's black eyes, and they reflected the stars back at her, and she saw winter cold, and past that, an untouchable patience and an infinite calm.



la-laborista-republiko Follow

Trans women are unstoppable because we have access to all the secret esoteric Boy Scout knowledge but are no longer bound by the moral constraints of the Boy Scout Oath.



"Let us not look back in anger or forward in fear, but around in awareness."

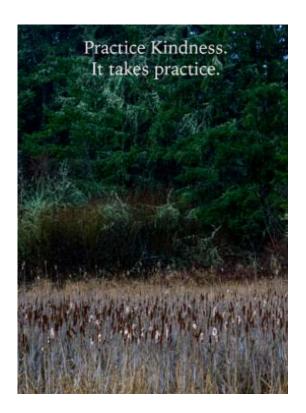
James Thurber

A scientist once placed a hedgehog on a keyboard. It typed out, methodically, "We only stay silent because you harm what you don't understand". The experiment has never been duplicated.

facts-i-just-made-up.tumblr.com



Whoever called it 'emotional baggage' really missed an opportunity not going with 'griefcase'





Life is short. If you have a crush on someone, walk right up to them then a little past them and just keep going it's probably not worth it

JUST BECAUSE I DON'T CARE DOESN'T MEAN I'M NOT LISTENING



1d

Don't let anyone else ruin your day.

It's YOUR day.

Ruin it yourself.



boredpanda.com

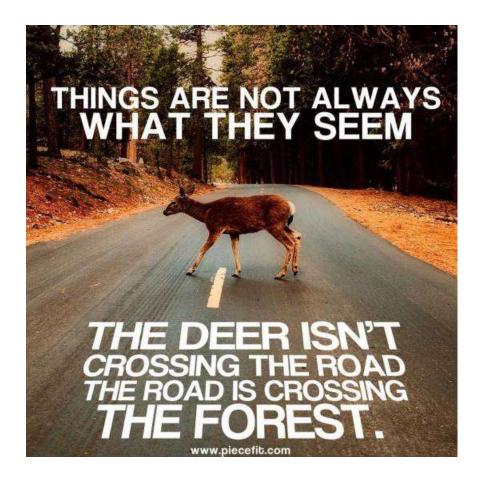
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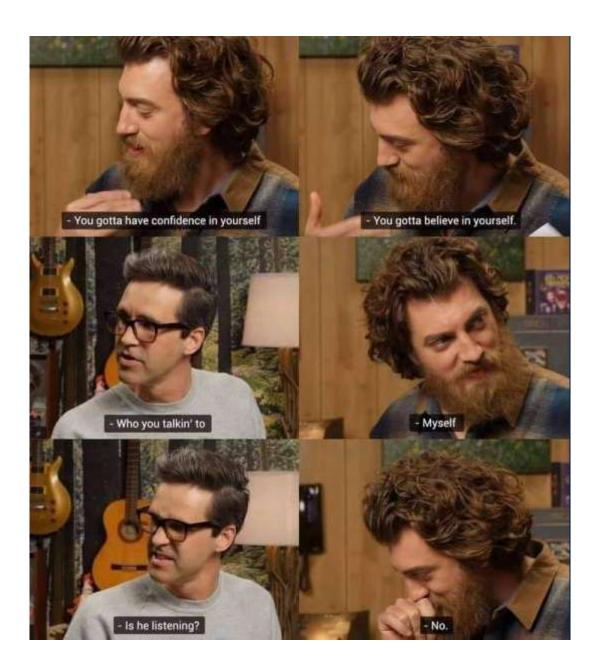






LET TIRED TODAY SLEEP.

--thesilicontribesman











Good Bones

Maggie Smith

Life is short, though I keep this from my children. Life is short, and I've shortened mine in a thousand delicious, ill-advised ways, a thousand deliciously ill-advised ways I'll keep from my children. The world is at least fifty percent terrible, and that's a conservative estimate, though I keep this from my children. For every bird there is a stone thrown at a bird. For every loved child, a child broken, bagged, sunk in a lake. Life is short and the world is at least half terrible, and for every kind stranger, there is one who would break you, though I keep this from my children. I am trying to sell them the world. Any decent realtor, walking you through a real shithole, chirps on about good bones: This place could be beautiful, right? You could make this place beautiful.



koshercosplay Follow

whatever argument you try to use as a gotcha against judaism, I PROMISE you, there are already like at least fifteen rabbis that have argued about it at various points in our history, you're not going to win against an entire group of people who make it part of their cultural identity to be argumentative, in our own books, even GOD called us stubborn, so trust me Mr. Atheist Bastion of Logic and Reason, your puny insults are no match for us.

asfdhgsdkjhgb Follow

shout out to all the people who identify with gifted kid burnout syndrome who are probably just neurodivergent but werent diagnosed as a child, who used to devour books like it was nothing and never really understood why the protagonist would leave their cool fantasy world behind to go back home at the end of the story, and who are now extremely disappointed in reality and use escapism as their primary coping mechanism. how's that bisexuality and deeprooted anger at the school system going for you?



michaelgovehateblog Follow

I would like to wish everyone an uneventful new year



primarybufferpanel Follow

May we live in very uninteresting times

We take this opportunity to extend our heartfelt sympathy to the New Year.

> NOBODY claim 2021 as their year. We're gonna be good, walk in real quiet, and don't. touch. anything.